

WASHINGTON LadyHawks®

Washington Ladyhawks Breer (16U)

Coach: Joe Breer
253-381-2782
joe.breer@ladyhawksfastpitch.org

Recruiting Coach: Joe Breer
253-381-2782
recruit_breer@ladyhawksfastpitch.org

#8 - Katy Cook

Positions: 3B / OF

Graduation Year: 2020



Bats/Throws: R / R
GPA: 3.9 (3 AP classes)
Height: 5' 8"
Home to First: 2.98

Clearinghouse: No
Overhand: 59 mph
Home to Home: 12.32

KCook@ladyhawksfastpitch.org

Video: <http://www.ladyhawksfastpitch.org/videos/KCook.html>

ACADEMIC INFORMATION

Commitment: None
School: Franklin Pierce High School
School Coach: Jennifer Bruce

ACADEMIC ACHIEVEMENTS

- 2016-2017 AP Algebra 3/4, AP English, AP Principles of Lab Science
- 2016 President's Education Award Program
- 2016 Worldstrides Educational Travel-Washington, DC
- 2013-2016 Honor Roll
- 2013-2015 Honors (Math, Language Arts, Science, Humanities)
- 2015 Smarter Balanced ELA/Literacy Assessment Above State Standards
- 2015 Smarter Balanced Mathematics Assessments Above State Standards

COMMUNITY SERVICE

- Making Strides Against Breast Cancer Walk
- Puyallup Food Bank
- Feed My Starving Children
- Red Cross Coin Drive

ATHLETIC ACHIEVEMENTS

- 2016 Athlete of the Year
- 2014-2016 Varsity MVP Award Basketball and Fastpitch
- 2016 MVP Soccer
- 2014-2016 Co-Captain Fastpitch and Basketball
- 2016 Javelin School Record (Track & Field)
- 2016 PGF Championships Huntington Beach, CA
- 2016 ASA 14UA Regional Champion
- 2016 ASA Metro Champion
- 2016 ASA & PGF Nationals Berth
- 2016 TCS World Series Berth
- 2015 ASA 14U Western Nationals Boise ID
- 2015 14U Washington State Championship
- 2015 14U ASA Metros
- 2014 ASA 12U Washington State Championship
- 2014 NSA 12U Washington State Championship
- 2013 12U/10U ASA NW Regionals
- 2013 ASA 12U/10U Washington State Championship
- 2012 ASA 10U State Championship Finalist
- 2012 10U/12U ASA NW Regional
- 2012 10U NSA Washington State Championship

CAMPS & CLINICS

- 2015 Oregon State Clinic
- 2015 Jerrad Hardin
- 2015 WWU Camp
- 2011-2013 NBC Basketball Intensity Overnight Camp