



## Washington Ladyhawks Hardy 14U '04

**Coach:** Rod Hardy  
206-228-4233  
rod.hardy@ladyhawksfastpitch.org

**Recruiting Coach:** Rod Hardy & Rogin Ifland  
206-228-4233/206-228-3106  
recruit\_hardy@ladyhawksfastpitch.org

### #33 - Abbigail Almont

**Positions:** 3B / OF

**Graduation Year:** 2023



**Bats/Throws:** R / R

**Clearinghouse:** No

**Home to First:** 3.2

**Overhand** 52 mph

**Home to Home:** 13.8

AAlmont@ladyhawksfastpitch.org

#### ACADEMIC INFORMATION

**Commitment:** None  
**School:** Orting High School

#### ACADEMIC ACHIEVEMENTS

#### COMMUNITY SERVICE

#### ATHLETIC ACHIEVEMENTS

#### CAMPS & CLINICS